

The Top Things to See and Do in José Ignacio, Uruguay

As you pass through the center of [Punta del Este](#), first impressions are that it's upscale and busy. As you cruise through La Barra, just outside Punta del Este, it might not feel like your thing if you don't like surf towns. However, if you're looking for something so relaxed it makes you remember what absolute silence and tranquility is like, then you should be headed for José Ignacio in [Uruguay](#) – and here is what to do when you arrive.

Practice yoga at the Shack

Yoga Studio



Courtesy of Bahia Vik / Expedia

Where better to practice your yoga flow and meditation than at this beachside multidisciplinary wellness retreat, housed in one of the country's hippest boutique retreats, [Bahia Vik](#)? Check in for a night and you'll get to choose between art-filled suites and standalone bungalows with floor-to-ceiling windows. All are set among the dunes close to Playa Mansa, and you'll be able to practice daily Vinyasa yoga in a serene wellness space, styled with the natural hues of rattan and honey-wooden floorboards.

Hang out at La Susana

Bar, South American, \$\$\$

Welcome to *the* place to see and be seen among the dunes of Playa Mansa. On the western side of José Ignacio, La Susana Beach Bar and Restaurant woos guests with its killer combo: a dreamy beach location and specialty cocktails such as Clericó, a wine-based punch served by the jug. Sit in the shade of a bamboo pergola or recline on a comfy sofa while the micro-bikini-clad crowd poses up a storm.

